



Links to National Curriculum

	Early Learning Goals <i>Pre-learning for KS1</i>	Links to KS1 Curriculum
Physical Education	<p>Physical Development:</p> <p>Gross Motor Skills</p> <ul style="list-style-type: none"> • Negotiate space and obstacles safely, with consideration for themselves and others. <p><i>Forest School Weekly Activities</i></p> <p><i>Foundation of Light weekly sessions</i></p> <ul style="list-style-type: none"> • Demonstrate strength, balance and coordination when playing. <p><i>Wheeled toys to control and balance</i></p> <p><i>Building and balancing objects</i></p> <p><i>Ball skills</i></p> <p><i>Obstacle activities</i></p> <ul style="list-style-type: none"> • Move energetically, such as running, jumping, dancing, hopping, skipping and climbing. <p><i>Chinese dancing</i></p> <p><i>Move like animals</i></p> <p><i>Racing games and team games</i></p> <p>Expressive Arts and Design: Being Imaginative and Expressive</p> <ul style="list-style-type: none"> • Perform songs, rhymes, poems and stories with others, and (when appropriate) try to move in time with music <p><i>Sea shanties and pirate dances</i></p> <p><i>Nursery rhymes and actions</i></p> <p><i>Nativity songs and dances</i></p>	<p>Pupils should develop fundamental movement skills, becoming increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.</p> <p>They should be able to engage in competitive (both against self and against others) and cooperative physical activities, in a range of increasingly challenging situations.</p> <ul style="list-style-type: none"> • Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. • Participate in team games, developing simple tactics for attacking and defending. • Perform dances using simple movement patterns