



St. Mary Magdalen's Catholic Primary School
LKS2 Cycle – RSE and PSHE Overview

Autumn Term

Week Commencing	British Values / Rights Respecting	Lesson Focus	Lesson Content
Autumn 1	The Rule of Law	PSHE: Shared Responsibilities – Rules and why we have them	<ul style="list-style-type: none"> To recognise reasons for rules and laws; consequences of not adhering to rules and laws. Ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday choice can affect the environment (e.g. reducing, reusing, recycling; food choices)
	Democracy	PSHE: British Values – democracy	School council election discussion – link to British Values
	Individual Liberty	RSE Module 1 Created and Loved by God Unit 1 Session 1: Get Up!	Baseline Assessment as a class Reading: Jairus's daughter Children understand they are created by God and this should inform their lives.
	Mutual Respect and Tolerance	RSE Module 1 Created and Loved by God Unit 1 Session 2: The Sacraments	Children to look at the importance of the sacraments of baptism and reconciliation
	Individual Liberty	PSHE: Economic Aspirations and Communities	Aspiration day <ul style="list-style-type: none"> To recognise positive things about themselves and their achievements; set goals to help achieve personal outcomes. That there is a broad range of different jobs/careers that people can have; that people often have more than one career/ type of job during their life. About some of the skills that will help them in their future careers, e.g. teamwork, communication and negotiation. To identify the kind of job that they might like to do when they are older
	Individual Liberty	RSE: Wellbeing and Keeping Safe	World mental health day – 10 th Oct
	Mutual Tolerance and Respect	RSE Module 1 Created and Loved by God Unit 2 Session 1: We don't have to be the same	Children understand we all have similarities and differences and that is ok.
HALF TERM			HALF TERM
Autumn 2	The Rule of Law	PSHE: Keeping Safe	Firework Safety
	Individual Liberty	PSHE: Communities	Remembrance Day
	Mutual Tolerance and Respect	RSE Module 1 Created and Loved by God Unit 2 Session 2: respecting our bodies	Children to discuss the importance of respecting our bodies as a gift from God. How can we do that in practical ways? Eg clothes, food, exercise.



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	Individual Liberty	NSPCC – Pantosaurus – what are the pants rules?	Talk PANTS & Join Pantosaurus - The Underwear Rule NSPCC
	Individual Liberty	PSHE How to be safe on dark night	Children to discuss ways to get home safely. Re-cap road safety. The importance of being seen.
	Individual Liberty	PSHE – stranger danger assembly	Whole school assembly
		Consolidate knowledge from Autumn term	Reflection – recap and review learning from this term. What are the main messages that we need to remember? Poster to consolidate learning.
		PSHE/RSE	Class focus – Please add as required

Spring Term

Week Commencing	British Values / Rights Respecting	Lesson Focus	Lesson Content
Spring 1	The Rule of Law	PSHE: Shared Responsibilities – Rules and why we have them	Discuss rules and why they are needed – how do they keep us safe? Relate to school rules and class rules.
	Mutual Respect and Tolerance	RSE Module 1 Created by God Unit 3 Session 1: What am I feeling?	Children discuss feelings and emotions and try to unpick how they feel and what causes these emotions. Children to share situations which make them feel a range of emotions.
	Mutual Respect and Tolerance	PSHE: Communities	<ul style="list-style-type: none"> To value the contributions that people and groups make to the community. About stereotypes; how they can negatively influence behaviours and attitudes towards others; strategies for challenging stereotypes.
	Individual Liberty	RSE Module 1 Created by God Unit 3 Session 2: What am I looking at?	Children will learn about the fake news they are exposed to. What is real and what is not that they are exposed? Children will look at how this can affect their self-image.
	Individual Liberty	PSHE: needs and wants	<ul style="list-style-type: none"> That people make different choices about how to save and spend money.



St. Mary Magdalen's Catholic Primary School
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			<ul style="list-style-type: none"> About the difference between needs and wants; that sometimes people may not always be able to have the things they want.
	Mutual Respect and Tolerance	PSHE: safer internet day	<p>Safer internet day</p> <ul style="list-style-type: none"> How to assess the reliability of sources of information online; and how to make safe, reliable choices from search results.
HALF TERM			HALF TERM
Spring 2	Individual Liberty	RSE Module 1 Created by God Unit 3 Session 3: I am thankful	Children will look at behaviours that may be harmful. They look at how feelings may impact behavioural choices and look at how we can develop resilience.
	Individual Liberty	RSE Module 1 Created by God Unit 4 Session 1: Life cycles Session 2: A time for everything	<p>Children are introduced to the miracle of human life and birth. They are created in the image and likeness of God.</p> <p>Children consider the cycle of life and discuss the concept of death and the promise of eternal life.</p>
	Mutual Respect and Tolerance	RSE Module 2 Created to love others Unit 1 Session 1: Jesus my Friend	<p>Children listen to and discuss the story of The Prodigal Son.</p> <p>Children reflect on how we can apply this to our relationships.</p>
	Mutual Respect and Tolerance	RSE Module 2 Created to love others Unit 2 Session 1: Friends, family and others	<p>Children will discuss the complexities of relationships and what this means within the context of their friendships and families</p> <p>What makes a successful friendship or relationship?</p>
	Mutual Respect and Tolerance	RSE Module 2 Created to love others Unit 2 Session 2: When things feel bad	<p>Children will understand the term bullying and know this can present in many forms.</p> <p>Children will discuss and understand the impact of bullying.</p>

Summer Term

Week Commencing	British Values / Rights Respecting	Lesson Focus	Lesson Content
Summer 1	The Rule of Law	RSE Module 2 Created to love others Unit 3 Session 1: Sharing Online	Using resources from the NSPCC Share Aware programme, children see the virtual world as one they need to take steps to stay safe in.



St. Mary Magdalen's Catholic Primary School
LKS2 Cycle – RSE and PSHE Overview

	Mutual Tolerance and Respect	RSE Module 2 Created to love others Unit 3 Session 2: Chatting Online	Using resources from the NSPCC Share Aware programme, children understand the bullying they can face online, how to report it and measures to stop it.	
	Individual Liberty	RSE Module 2 Created to love others Unit 3 Session 3: Safe in by body	Children understand there are a variety of forms of abuse. Children understand who trusted adults are and understand they are always there to help.	
	Individual Liberty	RSE Module 2 Created to love others Unit 3 Session 4: drugs, alcohol and tobacco	Children understand there are harmful substances to put in our bodies. Children demonstrate an understanding that we are created by God and therefore have to respect our bodies as part of God's creation.	
	Democracy	RSE Module 2 Created to love others Unit 3 Session 5: first aid heroes	Children learn how first aid and quick reactions give us strength. This is outlined in sessions led by Dr Dafta.	
		PSHE/RSE	Class focus -	
HALF TERM			HALF TERM	
Summer 2	Individual Liberty	Keeping safe	Water safety – how to stay safe in the summer	
	Individual Liberty	PSHE: Money	<ul style="list-style-type: none"> About the different ways to pay for things and the choices people have about this That people's spending decisions can affect others and the environment (e.g. Fair trade, buying single-use plastics or giving to charity) To recognise that people make spending decisions based on priorities, needs and wants. Different ways to keep track of money. 	
	Mutual Tolerance and Respect	RSE Module 3 Created to live in the community Unit 1 Session 1: a community of love	Children re-cap their learning about communities. They will look at how we can link this to The Trinity and develop their understanding of this.	
	Mutual Tolerance and Respect	RSE Module 3 Created to live in the community Unit 1 Session 2: What is the church?	Children will learn about the wider church and build on the understanding of the trinity. Children will look at and develop their understanding of Catholic Social Teaching principles.	
	Mutual Tolerance and Respect	RSE Module 3 Created to live in the community Unit 2 Session 1: How do I love others?	Children understand how they can put love in action in the communities in which they live.	
			PSHE/RSE	Class Focus-
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